

GERMAN SCHOOL PUDONG

WEEKLY MENU

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MONDAY 2018/3/12	TUESDAY 2018/3/13	WEDNESDAY 2018/3/14	THURSDAY 2018/3/15	FRIDAY 2018/3/16
Soup Parmentier	Tomato Soup	Green Vegetable Soup	Sweet Corn Soup	Pumpkin Soup
Treyaki Chicken Oven Potato Carrots&Beans	Beef Bologness Pasta Fried Broccoli	Fish Finger tartar Sauce Parisienne Potato Sauteed Snow Bean	Pork Mushroom Stew Spatzle Fried Cauliflower	Gongbao Chicken Fried Rice Butter Cabbage
Steamed Rice Tomato Fried Egg	Pasta Cream Sauce Zuchini	Parisienne Potato Cream Spinach on Scrambled Egg	Spatzle Cream Cheese Broccoli	Fried Rice Spring Roll Sweet-Sour Sauce
Mixed Fruit Cuts	Rice Pudding (cinnamon sugar)	Apple Compote	Ice Cream	Cookies
Cereals with Imported Milk	Rice Pudding	Apple Compote	Ice Cream	Half Pretzel
SET MEALS COMPOSITION:  * MENU SUBJECT TO CHANGE  KDG DESSERTS ONLY		Free Flow of Salad Bar Soup Choice between 2 main course Vegetables Starch Dessert Water and yoghurt		Nutritional reading: * Red Meat % Fish % White Meat % Vegetables % Starch % Deep Fried % * Calculated over the whole week